

INTERNET SAFETY

YOUR TERMLY NEWSLETTER ABOUT COMPUTING!

MARCH EDITION



SUPPORTING CHILDREN TO STAY SAFE ONLINE

CHILDREN AND YOUNG PEOPLE ARE SPENDING MORE TIME ONLINE THAN EVER BEFORE—LEARNING, PLAYING GAMES, AND CONNECTING WITH FRIENDS.

WHILE THE INTERNET OFFERS MANY OPPORTUNITIES, IT'S IMPORTANT THAT WE WORK TOGETHER TO HELP CHILDREN STAY SAFE, RESPONSIBLE, AND RESPECTFUL ONLINE.

THIS NEWSLETTER SHARES HELPFUL TIPS AND ADVICE TO SUPPORT YOUR CHILD'S ONLINE SAFETY AT HOME.

GENERAL ONLINE SAFETY

WHAT DO CHILDREN DO ON THE INTERNET? MANY CHILDREN USE THE INTERNET TO:

- PLAY ONLINE GAMES
- WATCH VIDEOS AND CREATE CONTENT
- CHAT WITH FRIENDS
- COMPLETE HOMEWORK AND RESEARCH

TALKING REGULARLY WITH YOUR CHILD ABOUT THEIR ONLINE ACTIVITIES HELPS THEM FEEL COMFORTABLE SHARING THEIR EXPERIENCES WITH YOU.

ARTIFICIAL INTELLIGENCE

ARTIFICIAL INTELLIGENCE IS BECOMING PART OF EVERYDAY LIFE. CHILDREN MAY ENCOUNTER AI IN SEARCH ENGINES, HOMEWORK TOOLS, VOICE ASSISTANTS AND EDUCATIONAL APPS.

AI CAN:

- HELP EXPLAIN IDEAS IN DIFFERENT WAYS
- SUPPORT CREATIVITY AND WRITING
- ANSWER QUESTIONS AND PROVIDE INFORMATION
- ASSIST WITH LEARNING NEW SKILLS

HOWEVER, IT IS IMPORTANT FOR PUPILS TO UNDERSTAND THAT AI IS A TOOL, NOT A REPLACEMENT FOR THEIR OWN THINKING.

WHEN USING AI TOOLS REMEMBER TO:

- CHECK INFORMATION CAREFULLY—AI CAN SOMETIMES MAKE MISTAKES.
- USE AI TO SUPPORT LEARNING, NOT DO THE WORK FOR THEM.
- AVOID SHARING PERSONAL INFORMATION WITH AI TOOLS.
- ASK A TEACHER OR PARENT BEFORE USING NEW AI APPS OR WEBSITES.

TOP ONLINE TIPS

KEEP COMMUNICATION OPEN
ASK YOUR CHILD ABOUT THE APPS, GAMES, AND WEBSITES THEY USE. SHOW INTEREST AND ENCOURAGE THEM TO TALK ABOUT THEIR ONLINE EXPERIENCES.

ENCOURAGE YOUR CHILD TO TELL A TRUSTED ADULT IMMEDIATELY IF ANYTHING ONLINE MAKES THEM UNCOMFORTABLE.

EXPLORE TECHNOLOGY TOGETHER
TRYING NEW APPS OR TOOLS TOGETHER HELPS YOU UNDERSTAND HOW THEY WORK AND GIVES YOU THE CHANCE TO TALK ABOUT SAFE USE.

ENCOURAGE CRITICAL THINKING
REMAND CHILDREN THAT NOT EVERYTHING ONLINE IS TRUE. ENCOURAGE THEM TO ASK QUESTIONS AND CHECK INFORMATION WITH A TRUSTED ADULT.

SET CLEAR RULES
AGREE ON FAMILY RULES FOR INTERNET USE SUCH AS:
SCREEN TIME LIMITS
WHICH WEBSITES AND APPS ARE ALLOWED
NO DEVICES IN BEDROOMS AT NIGHT

USE PARENTAL CONTROLS
PARENTAL CONTROLS CAN HELP MANAGE WHAT CHILDREN ACCESS ONLINE. THESE CAN BE SET UP ON DEVICES, APPS, AND HOME BROADBAND.

PROTECT PERSONAL INFORMATION
REMAND CHILDREN NEVER TO SHARE PERSONAL DETAILS SUCH AS THEIR FULL NAME, SCHOOL, ADDRESS, PASSWORDS, OR PHONE NUMBER ONLINE.

ENCOURAGE KINDNESS ONLINE
DISCUSS THE IMPORTANCE OF TREATING OTHERS WITH RESPECT ONLINE AND REPORTING CYBERBULLYING.

TOGETHER WE CAN HELP CHILDREN ENJOY THE INTERNET!